



The Advent Season

The Season of Advent offers us each year, an opportunity to seek God within the boundaries of our souls while living outwardly amidst the noise and activity of the world around us.

"The four weeks of Advent allow us time to ponder how Jesus came into this world in such a stunningly humble way. As we contemplate His birth in a bed of straw in a messy stable, perhaps, we see our own life as being a little messy too."

"Our life is often distracted, self-centred and sometimes leaves us wishing we were better people. But if we can slow down and refocus our attention, we might realise that God is there, waiting to love us even though we have so many unfulfilled good intentions and so many unfulfilled desires about our spirituality."

The season of Advent is about waiting. We recall how the Chosen People waited in hope for the coming of the Messiah.

We are waiting for far more than just Christmas Day and the commemoration of our Savior's birth. We are waiting for the Lord to come again in glory.

The Advent Wreath

The wreath represents the coming of Jesus Christ, who is the Light of the World. As we light the candles each week, we mark the passage of time leading towards Christmas. Gather each week to pray around the wreath.

PRAYER:

Father of our **Lord Jesus Christ**, ever faithful to your promises and ever close to your Church: the earth rejoices in **hope** of the Savior's coming and looks forward with longing to his return at the end of time. Prepare our hearts and remove the sadness that hinders us from feeling the joy and hope which his presence will bestow, for he is Lord for ever and ever. Amen.

